

Rocky Face Mountain Recreation Area May Races

The race starts at the main Shelter. Follow the Walking Trail counterclockwise around to the rock stairs. Go up the stairs and follow Buzzard Loop trail for a short distance until you get to Prison Camp Trail. Go left and follow Prison Camp up to Hollow Rock Trail. Turn left and go up the trail to the loop. Go left at the intersection of the loop and follow it around and back down Hollow Rock Trail. Go past the intersections with Grindstone Trail and Prison Camp trail until you reach Buzzard Loop trail. Turn right and follow trail to Prison Camp Trail. Turn right and follow the trail back up to Hollow Rock Trail. Make a left and then a quick right onto Grindstone Trail. Follow the trail down and take a right on the Walking Trail. Take the first left to return to the shelter and the finish line.

NOTE: When running the 20K or 50K race, do not take the last left turn to return to the shelter. Instead go straight and follow the trail back to the stairs for the next lap.

For the 10K race one lap completes it.

For the 20K race run two laps to complete.

For the 50K race run five laps to complete.

