



# ROCKYFEST 2017 TRAIL RACE

## 5K/10K/20K

April 22, 2017 – 8:00 AM

**DATE:** Saturday, April 22, 2017

**PLACE:** Rocky Face Mountain Recreational Area  
3451 Rocky Face Church Road  
Hiddenite, NC 28636

**RACE DISTANCES:** 5K, 10K, & 20K – All races start at 8:00 AM

**FEE:** \$25 for the 5K, 10K, and 20K if postmarked by April 10, 2017. There is an additional \$10 fee for all races after April 10, 2017 including race day. T-shirts are not included in the registration fee. Please include an additional \$10 if you would like a t-shirt.

Make checks payable to Alexander County. No refunds.  
Mail check and completed entry form to:

RockyFest Trail Race 2017  
621 Liledoun Road  
Taylorsville, NC 28681

All proceeds from the RockyFest Trail races will go to Rocky Face Park.

**COURSE:** The start and finish line for all races is the picnic shelter. The 5K course travels out Grindstone Trail and turns right at the campground. The course next heads onto Stairway to Heaven Trail, traveling steeply up one-half mile to the top, turning right onto Hollow Rock Trail, turning right on the loop for .75 mile around and back down Hollow Rock Trail to Grindstone Trail to the finish. The 10K course travels up Grindstone Trail to the top and straight across and down Prison Camp Trail to the bottom, making a sharp left hand turn up Hollow Rock Trail, turning right traveling down Grindstone Trail, turning left at the campground and over to the Stairway to Heaven Trail traveling steeply up to the top, turning right onto Hollow Rock Trail to the loop, turning right and around for .75 mile around and back down Hollow Rock Trail to Grindstone Trail, turning left to the finish at the picnic shelter. The 20K course travels the 10K course again. This is a very beautiful and challenging course. All turns are marked.

**SPECIAL NOTICE TO ALL RUNNERS:** Any runner who can complete the course under the course record will have their registration fee (not fee for t-shirt) **REFUNDED.**

5K course record – 26:08 Joseph Braswell (2015) (M)  
5K course record – 31:47 Rachel Watkins (2016) (F)  
10K course record – 48:58 Zach Millsaps (2016) (M)  
10K course record – 1:00:30 Marissa C. Winstead (2015) (F)  
20K course record – 1:40:30 Anthony Carroll (2016) (M)  
20K course record – 2:19:08 Marissa C. Winstead (2016) (F)

**ALEXANDER COUNTY POINTS CHALLENGE:** The RockyFest 2017 Trail Run is included in the 2017 Alexander County Points Challenge.

**AWARDS:** Special awards go to the top 3 overall males and females in all races. All finishers will receive a custom finisher medal. Masters awards will be presented to the first male and female over 40 finishers in each race.

**PACKET PICK-UP:** Race numbers and shirts may be picked up at Rocky Face Mountain Recreational Area (3451 Rocky Face Church Road, Hiddenite, NC 28636) on Friday, April 21, 2017 from 10:00 AM until 6:00 PM.

Late registrations will also be accepted at that time. Race day registration will be available at the park shelter starting from 6:45 AM until 7:45 AM on Saturday, April 22, 2017.

**DIRECTIONS TO ROCKY FACE MOUNTAIN RECREATIONAL AREA:** From U.S. 64 East (from Taylorsville) turn left onto Millersville Road or from U.S. 64 West (from Statesville) take a right onto Millersville Road and travel to the stop sign. Take a left onto Highway 90 and then a right onto White Plains Road. Travel to the stop sign and take a right onto Rocky Springs Road. Turn left onto Rocky Face Church Road. The Rocky Face Mountain Recreational Area will be located to your right.

**FOR ADDITIONAL INFORMATION, PLEASE CONTACT:**

Rick French, Race Director / RockyFest Director  
(828) 632-9332  
[rfrench@alexandercountync.gov](mailto:rfrench@alexandercountync.gov)

Online Registration at <https://www.webscorer.com/register?raceid=89891>



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Name (please print) \_\_\_\_\_ Age race day \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ Running Club \_\_\_\_\_

Sex \_\_\_\_\_ Date of Birth \_\_\_\_\_ Shirt size (circle one) S M L XL XXL

Race Entry (select only one race): \_\_\_\_\_ 5K \_\_\_\_\_ 10K \_\_\_\_\_ 20K

Best 5K \_\_\_\_\_

Best 10K \_\_\_\_\_

Best 20K \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Email Address \_\_\_\_\_

**Waiver and release:** I agree to save, release, and keep harmless Alexander County, organizers of the RockyFest Trail Race 5K, 10K, & 20K, officials, participating sponsors, volunteers, and any other groups, agencies, or individuals involved with this event from all liability, claims, or demands for damages incurred by my participation in the 5K, 10K, or 20K or any of its related parts. I realize that participating in a race is a sometimes risky and potentially hazardous endeavor and I assume all responsibilities for my participating. I certify that I am properly trained, mentally fit, and medically able to participate in this event. I will not litter and I promise to have fun. I realize that the race director has the right to refuse any entry and that decisions rendered by the race director whether in participation or finish results will be final.

Signature (parent or guardian if under 18) \_\_\_\_\_ Date \_\_\_\_\_