

ROCKYFEST 2020 TRAIL RACE

4.5 / 9.0 / 13.5 Miles April 18, 2020 - 8:00 AM

DATE: Saturday, April 18, 2020

PLACE: Rocky Face Mountain Recreational Area

3645 Rocky Face Church Road

Hiddenite, NC 28636

RACE DISTANCES: 4.5, 9.0, 13.5 miles – All races start at 8:00 AM

FEE: \$25 for all races if postmarked by April 3, 2020. There is an additional \$10 fee for all races after April 3, 2020 including race day. T-shirts are not included in the registration fee. Please include an additional \$10 if you would like a t-shirt.

Make checks payable to Alexander County. No refunds. Mail check and completed entry form to:

RockyFest Trail Race 2020 621 Liledoun Road Taylorsville, NC 28681

Or you may register online at www.ultrasignup.com.

All proceeds from the RockyFest Trail Races will go to Rocky Face Park.

Alexander County residents and county employees (active or retired), and ALL emergency services personnel, military, and teachers may participate for FREE this year.

COURSE: The start and finish line for all races is at the new multipurpose building at Rocky Face Park located at 3645 Rocky Face Church Road in Hiddenite. The course follows Grindstone Trail, turning right at the campground area and traveling up the Stairway to Heaven Trail. At the intersection at the top of the hill, turn right onto Hollow Rock Trail, travel up to the loop,

turning right and around to Short Cut Trail and then traveling a short distance back down to Hollow Rock Trail, turning right and down for nearly .75 mile of switchbacks down to the intersection of Grindstone and Prison Camp Trail. Turn right, travel down Prison Camp Trail to the bottom, taking a left onto Buzzard Roost Loop Trail up to Hollow Rock Trail, traveling almost .50 mile back to the intersection, turning right onto Grindstone Trail back to the finish line at the multipurpose building.

SPECIAL NOTICE TO ALL RUNNERS: The RockyFest Trail Race course is the same as 2018/2019. Each runner runs the same 4.5 mile loop course. So this year there could be new course records. Any runner who can complete one loop under 40 minutes, two loops under one hour and 20 minutes, or three loops under 2 hours will have their registration fee (not fee for t-shirt) refunded.

AWARDS: Special awards go to the top 3 overall males and females in all races. All finishers will receive a custom finisher medal. Masters awards will be presented to the first male and female over 40 finishers in each race.

PACKET PICK-UP: Race numbers and shirts may be picked up at the Rocky Face Park Multipurpose Building (3645 Rocky Face Church Road, Hiddenite, NC 28636) on Friday, April 17, 2020 from 10:00 AM until 6:00 PM.

Late registrations will also be accepted at that time. Race day registration will be available at the multipurpose building from 6:45 AM until 7:45 AM on Saturday, April 18, 2020.

DIRECTIONS TO ROCKY FACE MOUNTAIN RECREATIONAL AREA: From U.S. 64 East (from Taylorsville) turn left onto Millersville Road or from U.S. 64 West (from Statesville) take a right onto Millersville Road and travel to the stop sign. Take a left onto Highway 90 and then a right onto White Plains Road. Travel to the stop sign and take a right onto Rocky Springs Road. Turn left onto Rocky Face Church Road. The Rocky Face Mountain Recreational Area will be located to your right.

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Rick French, Race Director / RockyFest Director (828) 632-9332 rfrench@alexandercountync.gov



ROCKYFEST 2020 TRAIL RACE

4.5 / 9.0 / 13.5 MilesApril 18, 2020 - 8:00 AM

Name (please print)		Age race day	
Address	City	State	Zip
Phone Number	Running (Club	
Sex Date of Birth	Shirt size	(circle one) S M L X	L XXL
Race Entry (select only one race):	4.5	9.0	13.5
Alexander County residents and emergency services personnel, milita	_	-	_
Alexander County resident / employee _ Emergency Services personnel Teacher (current or retired) Any member of US Military / Retired			
Emergency Contact	En	nergency Phone	
Email Address			
Waiver and release: I agree to save, re of the RockyFest Trail Race officials, pa agencies, or individuals involved with damages incurred by my participation realize that participating in a race is a so I assume all responsibilities for my participate in realize that the race director has the right the race director whether in participation	rticipating spo this event fr in the 4.5, 9. ometimes risky ticipating. I ce this event. I w ght to refuse a	onsors, volunteers, and onsors, volunteers, and on all liability, claim 0, or 13.5 or any of iverand potentially hazar rtify that I am properly ill not litter and I propers any entry and that dec	I any other groups, s, or demands for ts related parts. I dous endeavor and y trained, mentally mise to have fun. I
Signature (parent or guardian if under 1	.8)	Da	te